

11-12 September '18  
Kigali - Rwanda



US\$300 for  
2 days

# AVIATION MENTAL HEALTH COURSE

The aviation industry must invest in its staff to give them the skills to understand, monitor and maintain their mental wellbeing.

## 1 WHY IS IT IMPORTANT?

Aviation personnel work in a unique environment and endure a range of stressors that may place them at increased risk of developing mental health issues. Make sure your organisation is equipped with international best practices so you recognise early warning signs and can act appropriately.

## 2 WHO SHOULD ATTEND?

Chiefs flight operation, cabin crew managers, aviation medical examiners, human resource managers, crew chiefs, safety managers, government safety inspectors & aircraft dispatchers

## 3 COURSE OBJECTIVES

To provide participants with a detailed level of knowledge and an understanding on how to identify and address mental issues that impact the performance of aviation personnel.

### Key topics:

- International best practices on aviation mental health
- The work and personal lives of pilots and cabin crew
- Specific mental health risks associated with aviation
- Risk factors in personal life
- Aviation mental health & pilot licensing requirements
- Common mental health problems among aircrew
- Psychological assessment and reporting
- Overview of psychology of human factors and air safety and disaster support

GET IN TOUCH OR REGISTER VIA  
email: [training@aviassist.org](mailto:training@aviassist.org)  
or  
[www.2gether4safety.org](http://www.2gether4safety.org)

Brought to you by:



[www.aviassist.org](http://www.aviassist.org)

The ASPC-Rwanda is a co-operative effort by:



Supported & sponsored by:



Hosted by:

